SCARF at Home - home activities to embed SCARF values

Year: Y6

About SCARF at Home

These family-learning resources provide age-appropriate activities based on SCARF PSHE (including RSHE) themes for children and parents to do together – no password required. The resources will:

- Help embed and enhance key concepts of SCARF's themes with activities to encourage children to think and reflect
- Focus on positive themes that are safe for parents to discuss with their child, avoiding unsafe subjects
- Provide family-friendly activities that promote discussion
- Avoid, for the most part, the need for resources other than pencil and paper (home printer not essential)

Please check all activities before sharing them with parents/carers and if you need any help or have any questions please contact us at **cle@coram.org.uk**

How to give parents access to SCARF at Home:

1. Copy the link from the choice of half-termly units below and send it to parents/carers to share the SCARF at Home activities with them.
2. This link will take parents to an overview page.
3. Four separate links then direct them to age-appropriate activities based on the SCARF half-termly unit that you've chosen.
4. **NB - No sign-in or password is required - do not share your SCARF login details with anyone**

UNIT 1: Me and My Relationships

Children will explore the skills needed for successful friendships and teamwork. They'll also be thinking about people who are special to them and who they can turn to for help, when needed.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships

UNIT 2: Valuing Difference*

*NB - SCARF's Valuing Difference unit covers some sensitive issues. We've been careful to use only activities for SCARF at Home that can be completed safely, without teacher input and guidance. Please check all materials before sending them to parents and ensure that you're happy with their content.

Children will be celebrating our differences by exploring what we have in common with others, what makes us different, and the positive things about this. We're also thinking about the positive difference that respect and kindness - both face-to-face and online - can make to every one of us.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference

UNIT 3: Keeping Safe

Children will explore the different ways they can keep themselves safe, including online. They'll be learning skills in assertiveness, recognising the influence of friends, and also how to think critically about the decisions they can make to help themselves manage risks safely.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe

UNIT 4: Rights and Responsibilities

Children will learn about how they can help to look after the environment. They'll also be thinking about how to manage money (economic education) and the changing rights and responsibilities they have as they grow older.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities

UNIT 5: Being my Best

Children will be learning about how to set goals and develop positive strategies to help them achieve their potential, through a growth mindset approach. They'll also learn about taking care of themselves, physically and mentally – including good hygiene, healthy eating, sleep routines and managing screen time.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best

UNIT 6: Growing and Changing

Unlike the other units, this one provides a suggested book list, along with a list of useful websites which can either inform conversations, or for parents/carers to look at together with their child/ren.

Link to share with parents/carers, giving them access to the activities:

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing

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